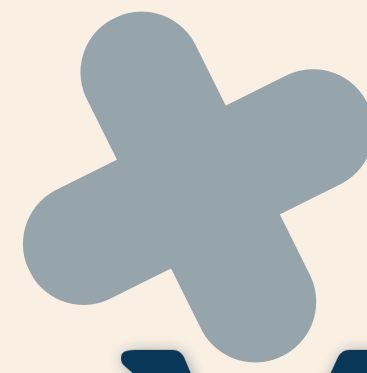


Mental Health Advocacy Team



# Mental Health App Workshop

*Get self care support from Finch– a pet app that customizes exercises to make you positive and prepared every day!*



*Join us on*

**Wednesday March 6th**

**at 11:30am–12:30pm**

**Location: Eck 124**

